

Curriculum Vita

Emily Vaterlaus Patten, PhD, RDN, CD(801) 422-6672 – emily_patten@byu.edu***Education***

PhD Human Ecology with Specialization in Hospitality and Dietetics Administration	2016
Kansas State University, Manhattan, KS	
Dissertation: <i>The Dietetics Leadership Identity Project: Leadership Taxonomy in Clinical Dietetics</i>	
Chair: Kevin Sauer, PhD, RDN	
MS Nutritional Science	2012
Brigham Young University, Provo, UT	
Thesis: <i>An Investigation of Current Practices in Management Rotations in Dietetic Internships</i>	
Chair: Nora Nyland, PhD, RD	
Dietetic Internship	2010
Brigham Young University, Provo, UT	
BS Dietetics	2009
Brigham Young University, Provo, UT	

Academic and Related Work Experience

Associate Professor	2022 – present
Assistant Professor	2016 – 2022
Brigham Young University, Provo, UT	
<ul style="list-style-type: none"> - NDFS 100, Essentials of Human Nutrition (face-to-face and online) - NDFS 290, Intro to Dietetics (face-to-face and online) - NDFS 458, Management in Dietetics (face-to-face) - NDFS 466, Advanced Dietetics Practice (face-to-face) - NDFS 637, Advanced Management in Dietetics (face-to-face) 	
Graduate Teaching Assistant	2014 – 2016
Kansas State University, Manhattan, KS	
<ul style="list-style-type: none"> - HMD 560, Management in Dietetics - HMD 561, Management Dietetics Practicum - HMD 562, Management in Dietetics Practicum Recitation 	
Child Nutrition Management Academy Cadre Trainer	2015 - 2016
Kansas State Department of Education, Topeka, KS	
Institute of Child Nutrition Consultant	2015
University of Mississippi, Oxford, MS	

Graduate Research Assistant Center of Excellence for Food Safety Research in Child Nutrition Programs, Manhattan, KS	2013-2014
Administrative Dietitian and Regional Educator Intermountain Healthcare, Salt Lake City, UT	2011-2013
Clinical Dietitian Intermountain Healthcare, Salt Lake City, UT	2010-2011

Research Grants

**denotes graduate student*

1. Ahlborn, G., Bellini, S.G., Jefferies, L., LeCheminant, J., **Patten, E.V.**, & Stokes, N. (2021). *The Effect of Potatoes on Vegetable Consumption*. Alliance for Potato Research and Education. \$53,190.
2. Stokes, N. & **Patten, E.** (2020). *Student perceptions of their student-operated restaurant experience and confidence with specific foodservice management competencies*. Allene Vaden Memorial Grant for Foodservice Management Research – Academy of Nutrition and Dietetics Foundation. \$5,000.
3. Stokes, N., **Patten, E.**, Matthews, M.* (2018). *Characteristics and use of student-operated restaurants in dietetics and hospitality programs*. Foodservice Systems Management Education Council Research Grant. \$2,000.

Peer-Reviewed Publications

***denotes graduate student; *denotes undergraduate student*

1. **Patten, E.V.**, Vaterlaus, J.M., Anderson, C.,* & Borden, R.* (In Press). Opting in and out: A qualitative study exploring career break experiences of Registered Dietitian Nutritionists. *Journal of the Academy of Nutrition and Dietetics*. Accepted September 5, 2023.
2. Stokes, N., **Patten, E.V.**, Hickman, K.,** & Mathews, A.** (In Press). Factors that encourage/discourage student-operated restaurant use and best practices for student-operated restaurants. *Journal of Foodservice Management Education*. Accepted May 5, 2023.
3. Vaterlaus, J.M., Spruance, L.A., & **Patten, E.V.** (In Press). Women's longitudinal social media behaviors and experiences during a global pandemic. *The Social Science Journal*. Accepted February 23, 2023.
4. Vaterlaus, J.M., **Patten, E. V.**, Spruance, L. A., Horton, T., & Brown, S. (2023). Mother-Child Relationships During the COVID-19 Pandemic: A Longitudinal Qualitative Approach. *Family and Consumer Sciences Research Journal*; 00:1-12.
5. Ells, A.,* Woodbury, B.,* **Patten, E.V.**, & Stokes, N. (2023). Students' perceptions of their student-operated restaurant experience: A qualitative study. *Nutrients*; 15(9), 2186.
6. Card, E.,** Bellini, S.G., Williams, D.P., & **Patten, E.V.** (2023). The current admission landscape of dietetic internships. *Journal of the Academy of Nutrition and Dietetics*; 123(4):643-654. <https://doi.org/10.1016/j.jand.2022.08.126>.
7. Black, J.,** Williams, K.,** & **Patten, E.V.** (2023). The work-life interface of dietitians in the United States: A qualitative study. *Topics in Clinical Nutrition*; 38(2):90-103.

8. Tufuga, D.,* Mueller, K.,* Bellini, S.G., Stokes, N., & **Patten, E.V.** (2022). Content analysis of Didactic Program in Dietetics' websites for evidence of diversity, equity, and inclusion. *Journal of Nutrition Education and Behavior*; 54(12):1116-1124.
9. Stokes, N., **Patten, E.**, Vaterlaus, J.M., Tanner, M.,* & Mathews, A.** (2022). Preparing future foodservice managers: Operational and educational characteristics of student-operated restaurants. *Journal of Nutrition Education and Behavior*; 54(6), 565-574.
10. Vaterlaus, J.M., Spruance, L.A., Heiser, K.D.,** & **Patten, E.V.** (2022). Women's well-being and experiences during the COVID-19 pandemic: A longitudinal mixed-methods approach. *The Social Science Journal*; doi: 10.1080/03623319.2022.2028255
11. Hickman, K.,** **Patten, E.V.**, & Stokes, N. (2022). Management and foodservice KRDNs: How are they met in dietetics education? *Journal of Foodservice Management Education*; 16(1):1-7.
12. Vaterlaus, J.M., **Patten, E. V.**, & Spruance, L.A. (2022). #Alonetogether: An exploratory study of social media use at the beginning of the COVID-19 pandemic. *Journal of Social Media in Society*; 11(1), 27-45.
13. Austin, M.,** **Patten, E.V.**, Thatcher, B., Wright, H.M.,* & Fullmer, S. (2022). A qualitative research study of current practices in residential treatment facilities of Eating Disorder-Diabetes Mellitus Type 1 (ED-DMT1). *Journal of Clinical Nutrition & Dietetics*; 8(1):173.
14. Beckstead, E.,** Jones, M.,** Spruance, L.A., & **Patten, E.V.** (2022). Food safety and special diets in school meals during the initial COVID-19 pandemic. *Journal of Food Protection*; 85(2):188-195.
15. Spruance, L.A., McConkie M.,** **Patten, E.V.**, & Goates M.C. (2021). A thematic analysis of unpaid school meals in the news media. *Journal of Hunger and Environmental Nutrition*, doi: 10.1080/19320248.2021.1971590
16. Vaterlaus, J.M., Shaffer, T.,** **Patten, E.V.**, & Spruance, L.A. (2021) Parent-child relationships and the COVID-19 pandemic: An exploratory qualitative study with parents in early, middle, and late adulthood. *Journal of Adult Development*; 28(3): 251-263. <https://doi.org/10.1007/s10804-021-09381-5>
17. Vaterlaus, J.M., Spruance, L.A., & **Patten, E. V.** (2021). Social media behaviors and experiences during the COVID-19 Pandemic: Associations with anxiety, depression, and stress. *Journal of Social, Behavioral, and Health Sciences*; 15(1):217-230.
18. Jones, M.,** Eggett, D., Bellini, S.G., Williams, D.P., & **Patten, E.V.** (2021). Patient-centered care: Dietitians' perspectives and experiences. *Patient Education and Counseling*; 104(11):2724-2731. <https://doi.org/10.1016/j.pec.2021.04.008>
19. Spruance, L., Tran, N.,* Clason, S.,* Nixon, A.,* Burton, J.H.,* Woolford, M.,* Hill, S.,* Lavinger, M.,* & **Patten, E.V.** (2021). The relationship between strength of anti-shaming policies and amount of unpaid school meal debt. *Journal of Child Nutrition and Management*; 45(2).
20. **Patten, E.V.**, Spruance, L.A., Vaterlaus, J.M., Jones, M.,** & Beckstead, E.** (2021.) Disaster management and school nutrition: A qualitative study of emergency feeding during the COVID-19 pandemic. *Journal of the Academy of Nutrition and Dietetics*, 121(8):1441-1453. doi: <https://doi.org/10.1016/j.jand.2021.04.012>
21. **Patten, E.V.**, Sauer, K. Osborne, S.L.,* & Rose, K.* (2021). Clinical leadership in dietetics: Viewpoints from the frontlines. *Topics in Clinical Nutrition*, 36(3):202-212. doi: 10.1097/TIN.0000000000000252

22. Williams, K.,** Eggett, D., & **Patten, E. V.** (2021). How work and family caregiving responsibilities interplay and affect registered dietitian nutritionists and their work: A national survey. *Plos One*, 16(3). doi: 10.1371/journal.pone.0248109
23. Mathews, A.,** **Patten, E. V.**, & Stokes, N. (2021). Foodservice Management Educators' Perspectives on Nutrition and Menu Planning in Student-Operated Restaurants. *Journal of Nutrition Education and Behavior*, 53(3), 223-231. <https://doi.org/10.1016/j.jneb.2020.11.016>
24. Vaterlaus, J.M., Spruance, L.A., & **Patten, E. V.** (2021). COVID 19 pandemic and social distancing in the United States: A mixed methods study on lived experiences and well-being. *The Social Science Journal*, 14:1-3. doi: 10.1080/03623319.2020.1852856
25. **Patten, E.V.**, Beckstead, E.,** Jones, M.,** Spruance, L.A., & Hayes, D. (2021). School Nutrition Professionals' Employee Safety Experiences During the Onset of the COVID-19 Pandemic. *Journal of Nutrition Education and Behavior*, 51(3):2-9. doi: 10.1016/j.jneb.2020.10.021
26. **Patten, E.V.** & Vaterlaus, J.M. (2021). Prevalence of Depression, Anxiety, and Stress in Undergraduate Dietetics Students. *Journal of Nutrition Education and Behavior*, 53(1): 67-74. doi: 10.1016/j.jneb.2020.10.005
27. **Patten, E.V.**, Bellini, S.G., Meier, A.,** & Earl, K.* (2021). Mentorship Experiences and Perceptions of Didactic Program in Dietetics Students. *Topics in Clinical Nutrition*, 36(1):81-89. doi:10.1097/TIN.0000000000000229
28. Stokes, N., Spruance, L., **Patten, E. V.**, & Lybbert, E. K.** (2019). Teachers' Experience and Perspectives of Traditional Breakfast and Breakfast in the Classroom. *Journal of Nutrition Education and Behavior*, 51(8):936-945. doi: 10.1016/j.jneb.2019.04.004
29. **Patten, E.V.** & Sauer, K. (2019). A leadership taxonomy in clinical dietetics. *Journal of the Academy of Nutrition and Dietetics* 119(3), 369-374. doi: 10.1016/j.jand.2018.01.011.
30. Stokes, N., **Patten, E.V.**, & Weight, R.* (2018). Dietetic student-operated restaurant: The customer experience and perspective. *Journal of Foodservice Management and Education*, 12(1).
31. Sauer, K., **Patten, E.V.**, Schartz, M.,* & Roberts, K. (2018). Management of food allergies in schools. *Journal of Child Nutrition & Management*, 42(2).
32. **Patten, E.V.**, & Sauer, K. (2018). The framework and future opportunities for leadership in clinical dietetics. *Journal of the Academy of Nutrition and Dietetics*, 118(11), 2017-2023. doi: 10.1016/j.jand.2017.06.363.
33. Vaterlaus, J.M., Cottle, N.M.*, **Patten, E.V.**, & Gibbons, R.* (2018). Understanding customers: The Jobs to Be Done Theory applied in the context of a rural food pantry. *Journal of the Academy of Nutrition and Dietetics*, 118(10), 1895-1902. doi: 10.1016/j.jand.2018.02.011.
34. **Patten, E. V.**, Sneed, J., & Nwadike, L.V. (2018). Food handling practices and food safety messaging preferences of African American and Latino Consumers. *Journal of Human Sciences and Extension*, 6(1): 1-17.
35. **Patten, E.V.**, Alcorn, M., Watkins, T., Cole, K., & Paez, P. (2017). Observed food safety practices in the Summer Food Service Program. *Journal of Child Nutrition & Management*, 41(1).
36. Vaterlaus, J. M., Jones, R. M., **Patten, E. V.**, & Cook, J. L. (2015). An exploratory study of time spent with interactive technology and body mass among young adults. *Computers in Human Behavior*, 52, 107-114. doi: 10.1016/j.chb.2015.05.035.

37. Sneed, J., & **Patten, E.V.** (2015). Current practices for providing school field trip meals: Perspectives of school nutrition managers and teachers. *Journal of Child Nutrition & Management*, 39(1), 1-13.
38. Vaterlaus, J.M., **Patten, E.V.**, Roche, C., & Young, J.A. (2015). #Gettinghealthy: The perceived influence of social media on young adult health behaviors. *Computers in Human Behavior*, 45, 151-157. doi: 10.1016/j.chb.2014.12.013.

Manuscripts Under Review

***denotes graduate student; *denotes undergraduate student*

1. Mueller, K.E.,* Bellini, S.G., & Patten, E.V. Didactic Program in Dietetics (DPD) Students' Experiences with Pandemic Learning and Expectations for Their Future Education: A Descriptive Study. Submitted to *BMC Medical Education*.
2. Hopkins, H.,** Eggett, D., & **Patten, E.V.** Prevalence and Predictors of Intern-Related Burnout in Dietetics Preceptors. Submitted to *Journal of the Academy of Nutrition and Dietetics*.
3. Hernandez M.,** Bellini, S.G., Christensen, W.F., Jefferies, L., LeCheminant, J.D., Patten E.V., Redelfs, A.H., Stokes, N., Wang, J.,* Rennick M.,* Perry, K.,* Hunt, J.,* Ahlborn, G. The effects of potato presentation on vegetable intake in school-aged children: a cross-over study. Submitted to *Nutrients*.
4. Wayne, B.* , Davis, K.M.,* Bellini, S.G., & **Patten, E.V.** Mental Health and Wellbeing of Didactic Program in Dietetics (DPD) Students during Spring 2022. Submitted to *Journal of Nutrition Education and Behavior*.
5. Owen, S.,** Pruitt, T.,* Woodbrey, E.,*Stokes, N., & **Patten, E.V.** Student Perceptions of their Student-Operated Restaurant Experience and Confidence with Foodservice Management Competencies. Submitted to *Journal of Hospitality & Tourism Research*.
6. Parr, S.,** Brinton, N.,* Tingey, E.,* & **Patten, E.V.** Dietitians as Entrepreneurs: A Qualitative Study. Submitted to *BMC Health Services*.

Technical Reports

1. Paez, P., Cole, K., Alcorn, M., **Patten, E.**, & Watkins, T. (2016). *Food Safety Practices in Summer Foodservice Programs Summary Report*. Report submitted to the USDA – Food and Nutrition Service Division.
2. Sauer, K., Roberts, K.R., Sneed, J, **Patten, E.**, & Tao, C.W. (2015). *Management of Food Allergies in Schools Summary Report*. Report submitted to the USDA – Food and Nutrition Service Division.
3. Sneed, J., & **Patten, E.V.** (2014). *Current Practices for School Field Trip Meals Summary Report*. Report submitted to the USDA – Food and Nutrition Service Division.
4. Sneed, J., **Patten, E.V.**, & Nwadike, L.V. (2014). *Final Report: Food handling behaviors of Latino and African American Consumers*. Report submitted to the USDA – Food Safety and Inspection Service.

Professional Presentations

** denotes graduate student; *denotes undergraduate student

Oral Conference Presentations

1. Miller, M.A., **Patten, E.**, Roseman, M., & Landry, M. (October 18, 2021). Leadership Zipline or Ladder: Is Going Horizontal the Best Direction for You? *Academy of Nutrition and Dietetics' Food and Nutrition Conference and Expo*. Virtual.
2. Williams, K.** & **Patten, E.V.** (April 5, 2019). *The Work and Family Interface for Registered Dietitians in America*. Utah Academy of Nutrition and Dietetics' Annual Conference. Salt Lake City, UT.
3. Aufdenkampe, R., Stocking, A., & **Patten, E.** (March 29, 2018). Healthy Eating Environments: What are they and why do we need them? *Utah Academy of Nutrition and Dietetics' Annual Conference*. Salt Lake City, UT.
4. **Patten, E.V.** (March 31, 2017). Dietetics leadership: What do we know? *Utah Academy of Nutrition and Dietetics' Annual Conference*. Salt Lake City, UT.
5. Sauer, K. & **Patten, E.** (July 15, 2015). Food Allergies: Current practices & innovative training. *School Nutrition Association Annual National Conference*. Salt Lake City, UT.
6. Filipowicz, H.R. & **Vaterlaus, E.K.** (March 22, 2013). Growth after graduation. *Utah Academy of Nutrition and Dietetics' Annual Conference*. Ogden, UT.

Poster Presentations (with published abstracts)

1. Wayne, B.,* Mueller, K.,* Bellini, S.G., & **Patten, E.V.** (2022). Depression, anxiety, and stress and loneliness rates of Didactic Students in Dietetics (DPD) students during spring 2022. *Journal of the Academy of Nutrition and Dietetics*, 122(10), A104.
2. Owen, S.** Pruitt T.,* Woodbrey, E.,* **Patten, E.V.**, Stokes, N. (2022). Student perceptions of their student-operated restaurant experience and confidence with foodservice management competencies. *Journal of the Academy of Nutrition and Dietetics*, 122(10), A108.
3. K, McBride.,** Pruitt T.,* Woodbrey, E.,* **Patten, E.V.**, Stokes, N. (2022). Cultural humility: How foodservice and management professors are preparing dietetics students. *Journal of the Academy of Nutrition and Dietetics*, 122(10), A104.
4. Card, E.** & Patten, E.V. (2021). The current admission criteria landscape of Dietetic Internships. *Journal of the Academy of Nutrition and Dietetics*, 121(9):A62.
5. Tanner, M.,** LeCheminant, J., **Patten, E.**, & Hager, R. (2021). Body fat, cardiorespiratory fitness, carotid artery thickness among older adults participating in the senior games. *Current Developments in Nutrition*, 5 (Supplement):55.
6. Jones, M.** & **Patten, E.V.** (2020). Clinical Registered Dietitian Nutritionists' (RDNs) preference toward patient-centered care (PCC). *Journal of the Academy of Nutrition and Dietetics*, 120(10):A116. **Note: Runner-up for the 2020 Margaret Dullea Simko Award for Excellence at a Clinical Poster Session**
7. McConkie, M.,** Spruance, L.A., Goates, M., **Patten, E.V.** (2020). A content and thematic analysis of lunch shaming in the news media. *Journal of Nutrition Education and Behavior*, 52(7):S68-S69.
8. Mathews, M.,** **Patten, E.**, & Stokes, N. (2019). Menu and nutrition and characteristics of student-operated restaurants in dietetics and hospitality programs: A qualitative study. *Journal of the Academy of Nutrition and Dietetics*, 119(10), A129.
9. Lybbert, C.** & **Patten, E.** (2019). The male friendliness of dietetics education. *Journal of the Academy of Nutrition and Dietetics*, 119(10), A133.

10. Hidalgo, L.* & **Patten, E.** (2019). Burnout of dietetics students in the USA. *Journal of the Academy of Nutrition and Dietetics*, 119(10), A109.
11. Spruance, L., Hill, S.,* Nixon, A.,* Lavering, M.,* Burton, J.H.,* & **Patten, E.** (2019). The relationship between unpaid school meal policies and debt in child nutrition programs. *Journal of Nutrition Education and Behavior*, 51(7), S50-S51.
12. Williams, K.** & **Patten, E.** (2018). Caregiving responsibilities and the intersection of work & family for Registered Dietitian Nutritionists (RDNs). *Journal of the Academy of Nutrition and Dietetics*, 118(10), A126.
13. Nelson, J.,** Williams, K.,* & **Patten, E.** (2018). Supportive supervisor behaviors experienced by Registered Dietitian Nutritionists. *Journal of the Academy of Nutrition and Dietetics*, 118(10), A129.
14. Wegener Stocking, A., Aufdenkampe, R., & **Patten, E.** (2018). The impact of healthy eating environments in a healthcare setting. *Journal of the Academy of Nutrition and Dietetics*, 118(10), A158.
15. Cook, K.,* **Patten, E.**, & Stokes, N. (2018). Quantity food production and student-operated restaurant use in ACEND accredited Didactic Programs in Dietetics: A national study. *Journal of the Academy of Nutrition and Dietetics*, 118(10), A147.
16. Kilbourne, K.,* Weight, R.,* Hidalgo, L.,* & **Patten, E.** (2018). Depression, anxiety, and stress of dietetics students. *Journal of the Academy of Nutrition and Dietetics*, 118(10), A134.
17. Weight, R.,* Cottle, N.,* & **Patten, E.** (2017). Financial factors: Results from a national survey of Didactic Program in Dietetics students. *Journal of the Academy of Nutrition and Dietetics*, 117(10), A137.
18. Cottle, N.,* Weight, R.,* & **Patten, E.** (2017). What's next? Post-graduation plans of Didactic Program in Dietetics students. *Journal of the Academy of Nutrition and Dietetics*, 117(10), A140.
19. Stokes, N., **Patten, E.V.**, & Weight, R.* (2017). The customer experience at a dietetic student-operated restaurant (SOR). *Journal of the Academy of Nutrition and Dietetics*, 117(10), A139. **Note: Outstanding Abstract Award 2017**
20. **Vaterlaus, E.K.**, & Nyland, N.K. (2012). An investigation of current practices in management rotations in dietetic internships. *Journal of the Academy of Nutrition and Dietetics*, 112(9):A17.

Poster Presentations (without published abstracts)

1. Tufuga, D.,** Mueller, K.,* **Patten, E.V.**, Bellini, S.G., & Stokes, N. (November 2021). Qualitative content analysis of Didactic Program in Dietetics' websites for evidence of diversity, equity, and inclusion. Poster presented at the Brigham Young University's *CURA Research Conference*. Provo, UT.
2. Vaterlaus, J.M., **Patten, E.V.**, & Spruance, L.A. (November 2021). Adults' experiences with social media during the early weeks of the COVID-19 pandemic. Poster presented at the National Council on Family Relations Annual Conference. Virtual due to pandemic.
3. Taggart, C.,** **Patten, E.**, Stokes, N., & Williams, P. (April 2019). Using the Social Cognitive Theory to create farm to fork education materials. Poster presented at the *Utah Academy of Nutrition and Dietetics Annual Conference*. Salt Lake City, UT.
4. Brooks, M.E.S.,* **Patten, E.V.**, & Stokes, N. (March 2019). How DPDs are meeting KRDNs with Foodservice and Management Courses: A national study. Poster presented at the *Foodservice Systems Management Education Council Conference*. Savannah, GA.
5. Meier, A.,* Bellini, S.G., & **Patten, E.** (March 2018). What is a Mentor? Didactic Program in Dietetics student experiences with and perceptions of mentorships within dietetics. Poster presented at the *Utah Academy of Nutrition and Dietetics Annual Conference*. Salt Lake City, UT.

6. Watkins, T., **Patten, E.**, Alcorn, M., Cole, K. Paez, P., Dixon, L., . . . Winans, D. (July 2016). Time and temperature control of foods in the Summer Food Service Program. Poster presented at the *School Nutrition Association Annual National Conference*. San Antonio, TX.
7. Nwadike, L. **Patten, E.V.**, & Sneed, J. (June 23, 2016). Food handling practices and food safety messaging preferences of African American and Latino consumers in urban areas of Kansas City. Poster presented at the *Urban Food Systems Symposium*. Olathe, KS.
8. **Patten, E.V.**, & Sauer, K.L. (March 3, 2015). Experts' opinions about research in foodservice and management practice. Poster presented at the *Foodservice Systems Management Education Council Conference*. Memphis, TN.

Invited Presentations

1. **Vaterlaus, E.K.** (May 3, 2012). Workplace communication. Presented at the *Utah Association of Nutrition and Foodservice Professionals Annual Conference*. Salt Lake City, UT.

Invited Guest Lectures

FNDH 560 – Research Talk, Kansas State University	2022
Coordinated Program – “I Love that Journey for You,” Kansas State University	2020
NDFS 290 – My Dietetics Journey, Intro to Dietetics, Brigham Young University	2016
HN 132 – Food Safety, Basic Nutrition, Kansas State University	2015 & 2016
HMD 130 – Administrative Dietetics, Careers in Nutrition and Dietetics, Kansas State	2013
NDFS 100 – Vitamins and Minerals, Essentials of Human Nutrition, Brigham Young University-SL	2013
NDFS 290 – Administrative Dietetics, Intro to Dietetics, Brigham Young University	2012 & 2013

Published Interviews and Media Engagement

1. Interview: Sauer, K. L. (2022). A Profession That Leads Together Makes a Difference. *Journal of the Academy of Nutrition and Dietetics*; 122(1), 11-12.
2. Interview: Podcast with Editor of *Journal of Nutrition Education and Behavior* regarding school nutrition professionals' experiences with COVID-19 (recorded 2020, released January 2021). Retrieved from: <https://www.ineb.org/content/podcast>
3. Opinion Letter: Spruance, L., **Patten, E.**, & Stokes, N. (2020, February 13). School breakfast bills can help over 160,000 students in Utah. *Deseret News*. Retrieved from <https://www.deseret.com/opinion/2020/2/13/21133376/letter-school-breakfast-bills-can-help-over-160000-students-in-utah>
4. Interview: Moran, Dana. (2016, September 9). How will EpiPen price hikes affect school operators? *Foodservice Director*. Retrieved from <http://www.foodservicedirector.com/managing-your-business/ensuring-food-safety/articles/how-will-epipen-price-hikes-affect-school>
5. Interview: Berta, Dina. (2015, September 15). How to plan for food allergies. *Foodservice Director*. Retrieved from <http://www.foodservicedirector.com/managing-your-business/ensuring-food-safety/articles/how-plan-food-allergies>

Citizenship

Department of Nutrition, Dietetics, and Food Science, Brigham Young University

Graduate Coordinator, Chair of the Graduate Education and Mentoring Committee	2022 – present
Department Award Selection Committee Chair	2021 – present
Department Strategic Planning Working Group Member	2021 – present
Facilities and Resources Committee Chair	2019 – 2022
Skaggs Award Selection Committee Chair	2020 – 2022
Graduate Education Committee Member	2020 – 2022
CURA Department Evaluation Committee Member	2018 – 2021
Student Dietetic Association Advisor	2016 – 2022
Didactic Program in Dietetics Selection Committee Member	2017 – present
Dietetic Internship Program Selection Committee Member	2013, 2017 – present
Dietetics Faculty Mentoring Program Co-Chair	2017 – 2018
Department Seminar Committee Member	2017 – 2019

Department of Hospitality Management and Dietetics, Kansas State University

Dietetics Graduate Degree Requirement Task Force Member	2013 – 2016
Dietetics Program Advisory Committee Member	2013 – 2016
Coordinated Program in Dietetics Selection Committee Member	2014 – 2015

Brigham Young University

Life Sciences Dean Search Committee Member	2021-2022
Scholarly & Creative Works Grant Reviewer	2017

Profession: State/Regional

State of Utah

Dietitian Board Member – State Licensing Dietitian	2020 – 2023
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Utah Academy of Nutrition and Dietetics

Awards and Scholarship Selection Committee Member	2021
Annual Conference Planning Committee Member	2017 – 2020
Utah Public Policy Coordinator	2013 – 2014
Utah State Policy Representative	2011 – 2013

Profession: National

Conference Planning Committee Member	2022 – 2023
Foodservice Systems Management Council	

Council on Research's Survey Review Subcommittee	2021-present
Academy of Nutrition and Dietetics	

Commission on Dietetic Registration

New Item Review for the Registration Exam for Dietitians	2023
Item Pool Review for the Registration Exam for Dietitians	2022
New Item Review for the Registration Exam for Dietitians	2022

New Item Review for the Registration Exam for Dietitians	2021
Item Reclassification/Item Review for the Registration Exam for Dietitians	2020
New Item Review Workshop for the Registration Exam for Dietitians	2020
New Item Writer Workshop for the Registration Exam for Dietitians	2018

Scholarship Committee Member 2016 – 2018
Academy of Nutrition and Dietetics Foundation & 2021-2023

Doctoral Scholarship Workgroup Member 2016
Commission on Dietetic Registration

Home Food Safety Scholarship Selection Committee Member 2014-2015
Academy of Nutrition and Dietetics Foundation

Ad Hoc Reviewer

Nutrients	2021 – present
Nutrition and Dietetic Educators and Preceptors' JAND Contribution Reviewer	2021 – present
BMC Medical Education Journal	2021 – present
Health Professions Education Journal	2018 – present
Journal of Child Nutrition and Management	2018 – present
Nutrition Education for the Public Newsletter	2017 – present
Journal of Foodservice Management & Education	2015 – present
Journal of the Academy of Nutrition and Dietetics	2014 – present

Scholarships and Honors

Publications Award – Nutrition, Dietetics and Food Science Department	2023
Early Career Scholarship Award – Brigham Young University	2023
Recognized Young Dietitian of the Year – Utah Academy of Nutrition and Dietetics	2020
Mary Bedford Dietetics Graduate Teaching Assistantship and Award – Kansas State University	2014-2016
Commission on Dietetics Registration Doctoral Scholarship – Academy of Nutrition and Dietetics Foundation	2015
Nutrition for Youth Graduate Scholarship – Kansas State University	2015
Timothy Donahue Scholar – Kansas State University	2013-2015
Joan Coleman Graduate Fellowship – Kansas State University	2014
Colonel Katharine E. Manchester Memorial Scholarship – Academy of Nutrition and Dietetics Foundation	2014
Dr. Carol Shanklin Fellowship in Hotel, Restaurant, Institution Management, and Dietetics – Kansas State University	2014
Paul Harris Fellow – Rotary International	2013

Licenses/Certifications

Registered Dietitian, Commission on Dietetic Registration #974367
Certified Dietitian, Utah Division of Occupational and Professional Licensing #7763977-4901

Current Professional Affiliations

Academy of Nutrition and Dietetics	2009 – present
Presently a member of these subgroups:	
– Clinical Nutrition Management	
– School Nutrition Services	
– Management in Food and Nutrition Systems Dietetic Practice Group	
– Dietitians in Business and Communications Dietetic Practice Group	
– Nutrition Entrepreneurs Dietetic Practice Group	
– Nutrition and Dietetic Educators and Preceptors	
Utah Academy of Nutrition and Dietetics	2009 – present
Foodservice Systems Management Council	