To all alumni, friends, and supporters of the Department of Nutrition, Dietetics, and Food Science (NDFS) at Brigham Young University I wish a happy and prosperous 2019. The accomplishments of faculty and students and other developments in our department during 2018 are detailed in this annual newsletter. These include:

The addition of Dr. James LeCheminant to our Nutritional Science faculty. The NDFS New Faculty Spotlight found on page 2 tells more about Dr. LeCheminant’s background, professional career, and research interests.

The number of papers published by NDFS Faculty members during 2018 was the highest ever for our Department.

The upward trend in donations to the Department continued during 2018, for which we are deeply grateful.

Dr. Jeffery Tessem and Dr. James LeCheminant submitted their applications for Advancement in Rank to Associate and Full Professor, respectively. Dr. Tessem’s application includes request for Continuing Faculty Status.

The campus-wide “Inspiring Learning” initiative continues to expand and with it, the involvement of NDFS students in mentored research, internships, and other “experiential learning” opportunities continues to increase. As NDFS faculty, we can point to a long history of providing such opportunities for our students. We look forward to expanding those opportunities in 2019 as new faculty hires provide additional mentoring necessary to direct such work. Increasing support from alumni and other friends of the Department will also make possible new, expanded opportunities for motivated students.

To all emeritus faculty, alumni, friends, and other supporters of NDFS I extend the invitation to increase your involvement with the Department in 2019. Beginning this year BYU will hold only one Commencement Exercise, with associated Convocations, rather than two. We will hold our traditional Graduation Reception in the Pendulum Court in connection with April graduation. In addition, for the first time we will also hold an Alumni Reception during Homecoming Week (October 14-19). We welcome your visit on these happy occasions, and at any other time, to renew friendships, meet our faculty members, tour our facilities, familiarize yourself with our many research projects, attend a seminar, or meet the students who benefit from your generous support. As you learn of internship, fellowship, employment and other opportunities for students, your alerting us to those possibilities would be welcomed and appreciated. I am excited for the possibilities that lie ahead for NDFS students and faculty in 2019.
James LeCheminant received his PhD from the University of Kansas in 2005 where he worked in a research laboratory focusing on obesity and weight management. From 2005-2008 he served on the faculty of Southern Illinois University Edwardsville and in 2008, joined the Department of Exercise Sciences at Brigham Young University (BYU). In 2018, Dr. LeCheminant joined the Department of Nutrition, Dietetics, & Food Science at BYU.

Dr. LeCheminant’s research program fits well in the Department of Nutrition, Dietetics, & Food Science. His research is applied, multi-disciplinary (e.g., exercise science, nutrition, neuropsychology and behavior, and health science), highly collaborative, and includes epidemiological and experimental components. Broadly speaking, his research interests are in prevention of chronic disease, and obesity and weight management, where he has co-authored 63 peer-reviewed research papers. Dr. LeCheminant loves the unique Mission and Aims of a BYU education and working with students. He is married to Katharine Seay LeCheminant and they are the parents of 5 children (Addy – 12 y, Luke – 10 y, Claire – 9 y, Sophie – 7 y, and Jack – 4 y).
## 2018-2019 NDFS Dept. Scholarships Awards

We thank and appreciate the generosity of our loyal and dedicated donors.

### Bancroft Scholarship
Elaine Parry, D

### Bennion Scholarship
- Muriel Allen, FS
- Tiffany Flatman, FS
- Audrey Morgan, FS

### Davis Scholarship
- Collin Christensen, NS
- Molly Marriott, D

### Davis Student Internship
- Kaylee Hickman, D
- Sangji Lee, NS

### Frandsen Scholarship
- Madison Christensen, D
- Kirsten Reichner, D

### Kay B Franz
- Ian Berlin, NS
- Zachary Fender, NS

### Freeman Scholarship
- Elisa Destro, FS
- Chloe’ Olsen, FS

### Larsen Scholarship
- Erik Marchant, NS
- Derek Scholes, D

### NDFS Gifts
- Mackenzie Bean, D
- Aaron Leifer, NS
- Nhi Tran, D
- Annie Wagner, D

### NDFS Scholarships
- Amanda Nielson, NS
- Ashley Painter, D
- Wing Yu, FS

### Ritewood Scholarship
- Emily Anderson, FS
- Shannah Barham, D
- Kaitlin Carver, D
- Wing Chan, NS
- Aria Chee, D
- Nathan Clark, NS
- Perry Guinn, D
- Jennifer Harris, DPreMaj
- Benjamin Jackson, NS
- Kelley Krage, NS
- Brittany Mackay, D
- Ailin Klammer, NS

### Snelgrove Scholarship
- Haylee Atkinson, D
- Jordan Bennett, D
Food Science Program Notes

Food Science Club News 2018

Food Science Club Officers

President: Chloé Olsen, Vice President: Jeremy Arbon, Secretary: Austin Judkins, Treasurer: Brian Hymas, Historian: Gabby Wu, Outreach: Deb Hutchins, Life Science Rep: Jeff Rime, IFT Liaison: Tiffany Flatman, Publicity Co-Chairs: Emily Anderson and Muriel Johnson, Fundraising Co-Chairs: Kristi Gowans and Spencer Ng, Activities Chair: Reece Larsen, Activities Committee: Mackenzie Dunn, Olivia Walke, and Tina Lin

Activities and Events

In March 2018 the BYU College Bowl Team traveled to Utah State University to compete in the Pacific Northwest Regional College Bowl Competition of IFT. The team placed 3rd in the competition.

Over the summer, a team of students participated in IMPA’s annual product development competition. They presented Sparkling Scoops, a carbonated ice-cream served in a soda can. The team developed the food product, its packaging, its processing, and the labels and advertising for the product. It won first place with a prize of $10,000. It is now being sold in vending machines across campus in two flavors: Orange Cream and Root Beer Float.

Since last spring, we have put on a number of activities including a closing Banquet at the end of winter semester, an opening social at Kiwanis Park called The Hungry Games, “Friendsgiving” Dinner with Turkey Trivia, a Christmas party in the Pen Court, Dumpling Night, and Cereal-Tasting Night. We also hosted several industry information sessions with food companies seeking to recruit our students.

In addition to activities, the club works on campus events and fundraisers. We have recruited students through club booths at on-campus events such as the Major Fair and Club Fair. We have participated in a variety of fundraisers by working with BYUSA during homecoming week and with BYU Catering during formal events. Our biggest event of the year was our annual Canned Valentines fundraiser which we held in the Wilkinson Center from February 12-14.

Before the end of the semester we will host a mixer and a closing social as well as the regional College Bowl Competition from April 12-13.

We are so grateful to our supportive department and faculty. We would like to give a special thanks to the following individuals: Dr. Dunn for advising the club, Dr. Jefferies for overseeing College Bowl, Dr. Pike for your help with fundraising, Dr. Steele, for sharing your network, Dr. Taylor for your involvement and guidance, Judy Stoudt, for help with club finances, and Lynette Johnson for unwavering support and assistance in all we do.

We could not do anything without the support of these individuals and of the department as a whole!

Thank you,

The BYU Food Science Club Presidency
IMPA Product Development Grand Prize Winners for “Sparkling Scoops” a Carbonated Ice Cream

Kate Hartmann, Jeremy Arbon, Jeff Rime, Greyden Clark, and Courtney Marshall.
Not pictured: David Doxey, Deb Hutchins, and Alisa Larson.

Women Auxiliary Church Leaders enjoying Sparkling Scoops
Food Science Cont.

IFT College Bowl
Chloé Olsen
Savannah Branson
Deb Hutchins
Aimee Gillespie
Bryan Dawson
Tiffany Flatman
Dr. Jefferies
FS Students at the Hungry Games Opening Social
Food Science Cont.

Food Science Students Tour Welfare Square
Food Science Students at the 2018 IFT Convention Chicago
Food Science Cont.

Food Science Club Thanksgiving Dinner Activity
2018 was a good year for students from the food science program to complete an internship. Over one third of our food science majors were able to gain valuable real-life experience through an internship this past year. These internships are so crucial in the progression of their careers. If any of you are interested in having a food science intern work with your company, please contact Frost Steele at frost.steele@byu.edu. We have amazing students and amazing internships would make them even better!

<table>
<thead>
<tr>
<th>Name</th>
<th>Internship Provider</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kendall Taylor</td>
<td>Smuckers</td>
<td>CA</td>
</tr>
<tr>
<td>Amanda Fisher</td>
<td>Nestle Stouffers</td>
<td>UT</td>
</tr>
<tr>
<td>Audrey Morgan</td>
<td>Saltworks, Inc.</td>
<td>WA</td>
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<tr>
<td>Ben Woodward</td>
<td>Post Consumer Brands</td>
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<td>Bill Myers</td>
<td>Califia Farms</td>
<td>CA</td>
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<td>Bryan Dawson</td>
<td>General Mills</td>
<td>GA</td>
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<td>Chloe Anderson</td>
<td>Food Science Camp</td>
<td>VA</td>
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<td>Christian Kennedy</td>
<td>Califia Farms</td>
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<td>Daniel Whitt</td>
<td>NC State Sensory</td>
<td>NC</td>
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<tr>
<td>David Doxey</td>
<td>Glanbia</td>
<td>ID</td>
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<td>Deb Hutchins</td>
<td>Agropur</td>
<td>MN</td>
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<td>Elisa Destro</td>
<td>Melaleuca</td>
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<td>Emmalee Billings</td>
<td>Pepsico/Frito Lay</td>
<td>UT</td>
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<tr>
<td>Eugene Welker</td>
<td>Califia Farms</td>
<td>CA</td>
</tr>
<tr>
<td>Iris Tenorio</td>
<td>Leprino Foods</td>
<td>CA-Lemoore West</td>
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<td>Kelson Lee</td>
<td>Elevate Health Sciences</td>
<td>UT</td>
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<td>Kiera Knight</td>
<td>LDS Welfare Services</td>
<td>UT</td>
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<td>Leslie Cheng</td>
<td>Innovative Flexpak</td>
<td>UT</td>
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<td>Mofan Sanderson</td>
<td>Nestle</td>
<td>UT</td>
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<td>Nick Bartholomew</td>
<td>American Nutrition</td>
<td>UT</td>
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<td>Olivia Walke</td>
<td>Nestle Stouffers</td>
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<td>Sacha Joseph</td>
<td>BYU Sensory Lab</td>
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<td>Savannah Branson</td>
<td>Schreiber Foods</td>
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<td>Tiffany Flatman</td>
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<td>WingKi Yu</td>
<td>Vasayo</td>
<td>UT</td>
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<tr>
<td>Jonathan LeBaron</td>
<td>Nestle/DoTerra</td>
<td>UT</td>
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<tr>
<td>Virginia Schneider</td>
<td>Deseret Dairy</td>
<td>UT</td>
</tr>
<tr>
<td>Aria Wang</td>
<td>Boscan Foods</td>
<td>UT</td>
</tr>
</tbody>
</table>
Malawi International Internship

Brian Allen
Eliza Bennett
Libby Evans
Emily Jensen
Troy Looper
Walter Moyo
Katy Monk
Kylee Schrader
Haley VanOverbeck
Hanna Walker
Amber Wood

Corporate On Campus Internships

General Mills– Two Projects

Olivia Walke
Hannah Harkness
Amanda Fisher
Eric Bascom
Leslie Cheng
Brian Hymas
Ruofen Liao
Tina Lin
Spencer Ng
Circles Utah Valley Meal Donation
In January, SDA coordinated a service project to donate a meal to Circles Utah Valley-Community Action, hosted by the Seventh Day Adventist Church in Provo. The evening before the meal was served, SDA volunteers met in BYU’s Pen Court to prepare it! With about seven volunteers there to help, they cooked up soup, rolls, and blueberry muffins and stored the food overnight. The following day, 11 more volunteers transported the food to the church, set up tables and chairs, and coordinated clothing donations for those in attendance. Overall, about 30 people were served and given leftovers to take home. The Seventh Day Adventist Church showed deep appreciation for the service given and expressed a desire to coordinate with SDA again in the future! It was a rewarding (and yummy!) activity for all involved.
National Nutrition Month
SDA promoted National Nutrition Month (NNM) in March with the theme: “Go Further with Food.” We hosted a booth in the Wilkinson Student Center on campus all month, encouraging students at BYU to practice healthy nutrition habits and participate in the daily health challenges to enter a drawing for a gift card. Those who stopped by the booth could ask our dietetics students food-related questions, see examples of proper serving sizes, shoot some baskets with our nerf hoop, and grab some popcorn before continuing on with their day. Junior SDA secretary Lyndze DuPape also took over BYU’s Instagram account for a day to share healthy eating tips and tricks for college students. Overall, NNM was a huge success—thanks to the help of our SDA students and faculty!
The seniors celebrated the end of their BYU undergrad studies with a pizza party. There was plenty of good food and laughs as everyone reminisced on their journey together through the dietetics program. “Most likely to…” awards were given, and everyone enjoyed the spring weather.
FNCE in Washington D.C.
In October, some of our SDA seniors and faculty had the opportunity to attend the national Food and Nutrition Conference and Expo (FNCE) put on by the Academy of Nutrition and Dietetics in Washington D.C. FNCE is a conference held annually, and it brings in dietitians and other healthcare professionals from national and international locations. Participants received motivational messages and cutting-edge research on subjects ranging from nutritional considerations of cannabis use, to the neurobiology of dieting, to strategies for participating in public policy. Along with having the chance to network and connect with nutrition professionals, some of our students were also able to present their research from the past year! Additionally, the fact that the conference was held in the nation’s capital made for awesome sight-seeing opportunities before and between sessions. Needless to say, it was a memorable few days in D.C.
Valley United Against Hunger Food Blitz
SDA put together 2 service projects over the 2018 holiday season, creating bonds between our members and the community. The first activity was our annual Food Blitz, during which non-perishable food items were collected to distribute to the food insecure in our community.

DECEMBER

Circles Utah Valley Meal Donation
The last week of the semester, we also served a donated dinner to Circles Utah Valley, an organization committed to helping struggling individuals and families achieve financial stability. The food was made with love from our very own Pen Court, and it was well-received from the participants of Circles Utah Valley!
DECEMBER CONTINUED

Dietetics Program Notes
Christmas Cookie Party
In traditional Christmas spirit fashion, SDA put together a social activity where we decorated cookies, sipped hot cocoa, and cut out snowflakes. The abundance of Christmas sweaters and friendly faces made for an enjoyably cozy evening.
Program Exam Rates for the DPD & DI  
(Both RDN and NDTR Exams)

Our dietetic didactic program and internship graduates continue to excel in the passing and scoring for the Examination for Registered Dietitian Nutritionists (RDN) and the Examination for Nutrition and Dietetic Technician Registered (NDTR). On the RDN exam BYU graduates had a 5-year mean exam score in the 94%tile and a five-year pass rate in the 98%tile. For the NDTR Exam our students’ five year mean score was in the 98%tile and pass rate in the 91%tile. The 2018 Exam Score details can be seen in this table.

<table>
<thead>
<tr>
<th>Date</th>
<th>Program</th>
<th>BYU % Pass</th>
<th>National % Pass</th>
<th>BYU Mean Total Score</th>
<th>National Mean Total Score</th>
<th>BYU Mean Food &amp; Nutrition Score</th>
<th>National Mean Food &amp; Nutrition Score</th>
<th>BYU Mean Food Service &amp; Management Score</th>
<th>National Mean Food Service &amp; Management Score</th>
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</thead>
<tbody>
<tr>
<td>Jul-Dec 2018</td>
<td>BYU DI RDN</td>
<td>100%</td>
<td></td>
<td>30</td>
<td>25</td>
<td>17.5</td>
<td>15.1</td>
<td>18</td>
<td>15</td>
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<tr>
<td></td>
<td>BYU DPD</td>
<td>100%</td>
<td></td>
<td>29.2</td>
<td>25</td>
<td>17.1</td>
<td>15</td>
<td>17.2</td>
<td>15</td>
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<tr>
<td></td>
<td>BYU DTR</td>
<td>100%</td>
<td></td>
<td>29</td>
<td>24</td>
<td>18</td>
<td>15</td>
<td>17</td>
<td>14.7</td>
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<tr>
<td>Jan-Jun 2018</td>
<td>BYU DI RDN</td>
<td>100%</td>
<td></td>
<td>29</td>
<td>26</td>
<td>16.7</td>
<td>15.8</td>
<td>17.3</td>
<td>15.7</td>
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<tr>
<td></td>
<td>BYU DPD</td>
<td>100%</td>
<td>74.80%</td>
<td>29.8</td>
<td>26</td>
<td>17.5</td>
<td>15.7</td>
<td>17.5</td>
<td>15.6</td>
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<tr>
<td></td>
<td>BYU DTR</td>
<td>100%</td>
<td></td>
<td>26.5</td>
<td>25</td>
<td>15.5</td>
<td>15.4</td>
<td>16</td>
<td>15.5</td>
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</table>
2017-2018 Dietetic Internship Placement

Brigham Young University Didactic Program graduates are completing internships all over the country.

<table>
<thead>
<tr>
<th>Name</th>
<th>Graduation Year</th>
<th>Dietetic Internship</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emma Beckstead</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
</tr>
<tr>
<td>Toni Brown</td>
<td>2016</td>
<td>University of Southern Mississippi</td>
<td>Morrison Healthcare</td>
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<tr>
<td>Taran Burnett</td>
<td>2018</td>
<td>Utah State University</td>
<td>Hybrid—St. George, UT</td>
</tr>
<tr>
<td>Megan Cather</td>
<td>2018</td>
<td>University of Virginia Health Systems</td>
<td>Charlottesville, VA</td>
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<tr>
<td>Levin Dotimas</td>
<td>2017</td>
<td>Oklahoma State University MS/DI</td>
<td>OK</td>
</tr>
<tr>
<td>Annie Dye</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Molli Fowler</td>
<td>2018</td>
<td>Utah State University</td>
<td>Hybrid—Las Cruces, NM</td>
</tr>
<tr>
<td>Gina Fung</td>
<td>2018</td>
<td>University of CA—SF Medical Ctr.</td>
<td>San Francisco, CA</td>
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<tr>
<td>Perry Guinn</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Megan Hamberg</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
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<tr>
<td>Melissa Hartley</td>
<td>2018</td>
<td>Missouri State</td>
<td>MO</td>
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<tr>
<td>Aloura Linfesty</td>
<td>2018</td>
<td>Oregon State Health Sciences</td>
<td>OR</td>
</tr>
<tr>
<td>Amanda Mathews</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Amanda Meir</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Alexandra M.</td>
<td>2017</td>
<td>Utah State University</td>
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<tr>
<td>Alexi Meredith</td>
<td>2017</td>
<td>Utah State University</td>
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<tr>
<td>Jenna Nelson</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
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<tr>
<td>Mariah Nimmer</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
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<tr>
<td>Mackenzie Ottesen</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
</tr>
<tr>
<td>Ashley Packard</td>
<td>2018</td>
<td>Central Washington University</td>
<td>WA</td>
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<tr>
<td>Annie Pehrson</td>
<td>2018</td>
<td>Boston University MS/DI</td>
<td>MA</td>
</tr>
<tr>
<td>Kim Seely</td>
<td>2018</td>
<td>Utah State University</td>
<td>Hybrid—St. George, UT</td>
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<tr>
<td>Erika Smith</td>
<td>2018</td>
<td>University of Houston</td>
<td>Distance</td>
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<tr>
<td>Mary Smith</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Kayla Szendre</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
<tr>
<td>Caitlin Taggert</td>
<td>2018</td>
<td>Brigham Young University</td>
<td>Provo, UT</td>
</tr>
</tbody>
</table>
### 2017-2018 Dietetic Internship Placement

**Brigham Young University Didactic Program graduates are completing internships all over the country.**

<table>
<thead>
<tr>
<th>Name</th>
<th>Graduation Year</th>
<th>Dietetic Internship</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miranda Thomas</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
</tr>
<tr>
<td>Dan Tueller</td>
<td>2015</td>
<td>Baylor Scott &amp; White</td>
<td>Dallas, TX</td>
</tr>
<tr>
<td>Raquelle Weight</td>
<td>2018</td>
<td>Arizona State University,</td>
<td>AZ</td>
</tr>
<tr>
<td>Rebecca Withers</td>
<td>2018</td>
<td>Mississippi State University</td>
<td>Starksville, MS</td>
</tr>
<tr>
<td>Kendra Wright</td>
<td>2018</td>
<td>Utah State University</td>
<td>UT</td>
</tr>
</tbody>
</table>
BYU Dietetics Alumni & Student Poster Presentations at FNCE

Jenna Nelson

Karla Williams

Lauren Burgess and Tatiana Bartholomew
Dietetics Events 2018

UAND Poster Presentation, Amanda Meir

BYU Dietetic Interns learning about sustainability, agriculture, and food production by touring farms and food production plants.
Pendulum Court  Disney’s Coco Theme Day, Fall
Brigham Young University has generously given each department funds for students to have experiences outside of the classroom setting, to gain deeper appreciation and knowledge of their field of study. This is called experiential learning. We had several students in the past year benefit from these generous university funds.
Nutritional Science Program Notes

Experiential Learning Opportunities Cont.

Dr. Hancock’s Lab
Experiential Learning Opportunities Cont.

Dr. Richards Lab
Nutritional Science Club Leadership Committee, 2018-2019
(From left to right) Dr. Chad Hancock (Faculty Advisor); Ian Berlin (Vice President); Sangji Lee (President); Dindi Chan (Secretary)

Club Events

The Nutritional Science club conducted an open lab activity in the Fall Semester where students could tour the research labs and learn more about research opportunities in the department. In addition, the club has arranged several evening discussions on different topics in nutrition that are of interest to the students in the club (Diabetes, Nutrition and Mental Health). Last semester, the club designed t-shirts that were made and sold to anyone who was interested.

Please save the date for the First Annual Nutritional Science Alumni Homecoming Gathering, Friday, October 18, 2019 from 4:00 pm to 6:00 pm in the Eyring Science Center, Pendulum Court area on the second floor. Light refreshments will be served. Please RSVP with number of attendees to lynette_johnson@byu.edu or 801-422-6398.
Nutritional Science Club

Club Events Continued

Diabetes Discussion Event

Open Lab Event
Nutritional Science Club

Club Events Continued

Open Lab Event
## Research Interests by Nutrition, Dietetics & Food Science Faculty

The following list indicates the areas of research currently being pursued by faculty in the Department of Nutrition, Dietetics and Food Science.

<table>
<thead>
<tr>
<th>Faculty Name</th>
<th>Research Interests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Sarah Bellini</td>
<td>Pediatric Malnutrition</td>
</tr>
<tr>
<td>Dr. Merrill Christensen</td>
<td>Dietary Prevention of Cancer</td>
</tr>
<tr>
<td>Dr. Michael Dunn</td>
<td>Food Fortification and Stability</td>
</tr>
<tr>
<td>Dr. Susan Fullmer</td>
<td>The Effects of Diet and Exercise on Bone Density and Resting Energy Expenditure</td>
</tr>
<tr>
<td>Dr. Chad Hancock</td>
<td>Energy Metabolism and the Development of Insulin Resistance Using Nutrition, Exercise and Pharmaceutical Approaches.</td>
</tr>
<tr>
<td>Dr. Laura Jefferies</td>
<td>Sensory Techniques – Uniting Multiple Disciplines</td>
</tr>
<tr>
<td>Dr. Jason Kenealey</td>
<td>Determining the Chemotherapeutic Mechanisms of Dietary Compounds and Closely Related Analogs</td>
</tr>
<tr>
<td>Dr. James LeCheminant</td>
<td>Obesity, Weight Management, and Prevention of Chronic Disease</td>
</tr>
<tr>
<td>Dr. Emily Patten</td>
<td>Work-Family conflict and Caregiving Responsibilities of Clinical Dietitians</td>
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<tr>
<td>Dr. Oscar Pike</td>
<td>Food Preservation and Storage, and Low Moisture Food Shelf Life</td>
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<tr>
<td>Dr. Rickelle Richards</td>
<td>Community Nutrition with Special Emphasis in Low-Income Populations</td>
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<tr>
<td>Dr. Frost Steele</td>
<td>Food Safety and Long-Term Food Preservation</td>
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<tr>
<td>Dr. Nathan Stokes</td>
<td>Foodservice Management, Student-Operated Restaurants, and School Nutrition Programs</td>
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<tr>
<td>Dr. Brad Taylor</td>
<td>Microbial Physiology and Processing to Improve Food Safety Programs</td>
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<tr>
<td>Dr. Jeffery Tessem</td>
<td>Molecular Mechanisms that Enhance Beta Cell Function, Survival and Proliferation as a Treatment for Diabetes</td>
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<tr>
<td>Dr. Pauline Williams</td>
<td>Nutrition Education and Dietetics Professionalism</td>
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</table>
The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

**Nutritional Science Presentations at Professional Meetings**


The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

### Nutritional Science Presentations at Professional Meetings Cont.

- LB439 Exercise or Metformin Modulates Doxorubicin Mediated Iron Dysregulation in Liver, Heart and Skeletal Muscle. E.D. Marchant, A.D. Mackay, D.J. Munk, C.R. Hancock. Experimental Biology 2018
- LB403 Metformin Restores Doxorubicin Induced Reduction in Complex II Respiration in C2C12 Skeletal Muscle Myotubes. J.S. Harley, A.D. Mackay, C.R. Hancock. Experimental Biology 2018

### Nutritional Science Peer-reviewed Publications

The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

**Food Science Faculty Publications**


**Food Science Technical and Invited Presentations**


The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

**Dietetics Faculty Publications**


The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

**Dietetics Faculty Publications Continued**


**Dietetics Presentations at Professional Meetings**

**Stokes, N., & Richards, R.** Food insecurity amongst college students. Utah Food Security Summit Salt Lake City, Utah, September 2018.

2018

The following list of presentations and publications indicate the areas of research currently being pursued by students and faculty in the Department of Nutrition, Dietetics and Food Science.

**Dietetic Poster Presentations**


Meier, A.,** Bellini, S.G., & Patten, E. (March 2018). What is a Mentor? Didactic Program in Dietetics student experiences with and perceptions of mentorships within dietetics. Poster presented at the Utah Academy of Nutrition and Dietetics Annual Conference. Salt Lake City, UT.

Nutritional Science 2019 Alumni Homecoming Event

Please save the date for the First Annual Nutritional Science Alumni Homecoming Event, Friday, October 18, 2019 from 4:00 pm to 6:00 pm in the Eyring Science Center, Pendulum Court area on the second floor. Light refreshments will be served. Please RSVP with number of attendees to lynette_johnson@byu.edu or 801-422-6398.

Where Are Students Now

If you would like to be highlighted in the 2019 newsletter, please contact Lynette Johnson at lynette_johnson@byu.edu, or 801-422-6398.